

Appendix A

CABHC Reinvestment Project List

Projects inclusive of ALL Counties

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Respite Care	All	YAP	02-03, 04/05 05/06,07/08 08/09,10/11,	13/14
Description: Respite services offer short-term respite services to children, adolescents, and adults. The services provide temporary relief for caregivers by giving them a rest or break from caring for a child and/or adult with severe behavioral and/or emotional health concerns. Respite is offered as either In-Home or in the community. Respite workers supervise and interact with the individual family member while caretakers are able to take a break. Youth Advocate Program is the Respite Management Agency (RMA) for this program and has been able to contract with a number of additional providers to provide additional staff, as well as a few individuals who also provide these services.				
Status: Operational				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Specialized Transitional Support for Adolescents	All	Jeremy, NHS, CSG, Warrior	C/P-Da. 04/05,05/06, 08/09,09/10/ 10/11 LB/LA 09/10,10/11	13/14
Description: This project was started with the goal of giving support to adolescents from the age of 14-22 years who are CBHNP Members. These Members all are at a point where there is a need to begin planning their transition from children to adult services. The transitional program is designed to focus on four basic target domains to assist these individuals in becoming successful adults, including: Education, Employment, Independent Living, and Community Involvement. There are currently three providers for transitional services, The Jeremy Project in Dauphin County and NHS, Inc., The Stevens Center in Cumberland and Perry County and the Warrior project in Lebanon Cty.				
Status: Operational				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
SA Supportive Housing	All	Various	04/05,05/06 08,09,10,11	13/14
Description There are a number of individuals who, when completing non-hospital rehabilitation or halfway house services for the treatment of substance abuse issues, require some form of transitional housing to support their recovery. This may include individuals who are homeless or whose prior living situation would have undermined their recovery efforts. A local network of Recovery Houses has been developed to provide a living environment that reinforces recovery. In order to assist individuals who qualify, CABHC can provide scholarships to fund up to two months' rent for a person to move into a Recovery House. CABHC began receiving scholarship applications in December 2007.				
Status: Operational				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
D&A Recovery Specialist Services	All	RASE Project	09/10,10/11	13/14
Description Targets individuals in the five county area who are in need of one-on-one recovery coaching to assist them with overcoming the obstacles that otherwise may keep them from succeeding in the process of recovering from substance abuse. Recovery Specialists serve individuals who chronically relapse into abuse of substances and struggle to stay engaged in treatment and/or remain in sustained recovery. Program participants are matched with a Recovery Specialist who meets with them regularly and assists them in learning the skills necessary to live successfully and maintain their sobriety.				
Status: Operational				

Appendix A

CABHC Reinvestment Project List

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Housing Initiative	All	Pending	10/11	12/13, 013/14, 14/15, 15/16
Description Each County has its own housing initiative plan as presented to OMHSAS.				
Status: All in the process of implementing their approved plans. Reporting on Housing may be separate from this table, due to its complexity. Perry County's Housing Plan has been submitted and is approved.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Peer Operated D&A Recovery Centers	All	Various	10/11	12/13, 13/14
Description The goal of this project is to establish drug and alcohol recovery centers in the five counties. Services will target MA eligible adults (18 years or older) who are experiencing a substance abuse disorder. Peer Operated recovery Centers may have many attributes and services, but each will be developed based on geographical need and resource capacity and will be self-directed by its members. These recovery centers do not typically provide treatment and are not staffed by paid professionals. They are peer operated programs. It is intended to be a local consumer driven center that will provide peer support services, sober recreation activities, and/or community education. These programs are places where an individual working on their recovery from substance abuse can find a sympathetic ear, information about recovery and substance abuse services, and enjoy a safe and drug and alcohol free environment.				
Status: Procurement process completed, 3 proposals were selected. Dauphin County's program run by The Miracle Group is underway with the needed renovations. Lancaster's RASE Project and the CU/PE homes are still being sought. The meeting with LB for the recovery house will also include a discussion for the recovery center.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
D&A Adolescent OP Clinic	All	Pending	10/11	12/13, 13/14
Description Under this initiative, each County will develop an Adolescent D&A OP Clinic, either embedded in an existing clinic or through the development of a new satellite site to an existing clinic. This in-plan service will enhance access to D&A services for our counties.				
Status: The procurement process has begun and 7 providers attending the Q/A session prior to the due date of the submission of proposals. CABHC is working with Dr. Houston and the incorporation of Contingency Management with this project. TSS Arena will be contracted with by all awarded providers to oversee the certification and monitoring of CM.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
MH-IP Integrated Peer Specialist Services	All	Philhaven, PPI, LRMC, HSH	10/11	13/14
Description It is the goal of this program to implement the development of Certified Peer Specialist (CPS) services that will be imbedded into four of our local MH IP units, including Philhaven, Pennsylvania Psychiatric Institute, Lancaster General Hospital, and Holy Spirit Hospital. The CPS will be active with the inpatient unit staff team to bringing their recovery oriented perspective to the culture of the program. The CPS will also support and educate persons in treatment about the recovery philosophy as experienced through their own recovery, assure that the person has a strong partner in their treatment choices and most important, to assist in the discharge planning process, including limited follow up in the community after discharge.				
Status: CABHC and County representatives met with each of the 4 hospitals to discuss the CPS program and provided an orientation manual to assist them in their implementation plan development. Contracts have been signed with all hospitals				

Appendix A

CABHC Reinvestment Project List

except LA Regional. There was turnover in the BH Directors position and this caused a delay in the contract review and startup. Scott has met with the new director and is confident that the process is back on track. PPI is currently interviewing for the CPS and HSH has hired their 2 CPS, who will begin orientation in January. Philhaven is still in the planning stage.

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Recovery House Development	All	Various	10/11	12/13, 13/14
Description This project will fund eight new substance abuse recovery houses in the Counties through the purchase and/or renovation of selected homes. At least one of the homes will serve women and children. CABHC is facilitating a selection committee that will set the standards these programs will need to meet to be eligible for start-up funds.				
Status: 7 of the 8 new Recovery Houses were selected through the procurement process and are in various stages of implementation. CABHC and Lebanon County met with the Miracle Group to see if they would consider developing a Recovery House/Center for the County.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Evidenced Based Practices	All/Various	Various	09/10	N/A
Description Mental Health and Drug and Alcohol Outpatient Clinics are the primary treatment locations that members access services. This project seeks to enhance the quality of treatment by encouraging and expecting that Evidence Based Practices are embraced and delivered in these settings. To help reach this objective, this program was started to fund the certification of selected Outpatient Providers to gain the capacity to provide Dialectic Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT), Parent-Child and Interaction Therapy (PCIT). DBT is a form of psychotherapy that was originally developed to treat people with Borderline Personality Disorder. It has also been used to treat patients with various mood disorders, including self-injury. Cognitive Behavioral Therapy is a therapeutic approach that aims to address maladaptive thinking that can result in such things as anxiety or phobias. Parent-Child Interactional Therapy aims to teach parents more effective means of changing their child's negative behaviors while working on developing the bond between parent and child through a form of play therapy. Early in 2012, CABHC finalized the selection process of providers for these services. An action plan was also outlined for the development of an EBT expansion.				
Status: Operational				

County Specific Projects

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
D&A Treatment Court RSS	Cumb/Perry	RASE	10/11	13/14
Description The goal of this project is to employ two part-time D&A Recovery Specialists to provide substance abuse recovery support services to participants in Cumberland County Specialty Courts. All D&A Recovery Specialists hired under this program will be expected to become certified as a Recovery Specialist through the PA Certification Board. The adults served will be individuals who have cycled in and out of D&A services and have demonstrated difficulty in engaging in their recovery through traditional treatment and supports. The target population may also include support for persons as a step down from inpatient treatment. Services provided will focus on life and recovery skills development that will be vital to the success of the individual in their recovery process.				
Status: This project is on hold since the implementation of the treatment court is not fully operational and it is not clear if the inclusion of the RSS would be fiscally viable. Further assessment is being done to determine the furtherance of this program.				

Appendix A

CABHC Reinvestment Project List

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Forensic Certified Peer Specialist	Cumb/Perry	NHS Stevens	10/11	12/13
Description This program provides funding of a Part Time (18 hours per week) Certified Peer Specialist who will work with the forensic population.				
Status: Operational through 6/30/2014 Steven's Center is running this service within the current PSS program A site code is being used to track the delivery of the service. Referrals are coming from the court system and probation. The Peer Specialist has gone through all the forensic trainings and recently attended the Forensic Peer Support training provided by the state.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Adult Co-occurring OP Services	Dauphin	Pending	10/11	13/14
Description This project is targeted towards Medical Assistance eligible adults (18 years or older) who are experiencing mental health and substance abuse disorders. These individuals would enter services either through a drug and alcohol intake or an assessment completed at a mental health outpatient clinic. Those who are being evaluated for drug and alcohol related issues will also be screened for mental health issues, and those coming into mental health outpatient facilities will answer questions related to drug and alcohol use. Based on these results, the individual may be a candidate for a co-occurring group (8 weeks long). These groups will run twice per week for 1.5 hours. The provider of these groups will need to have a dual license as both an outpatient mental health and drug and alcohol clinic. The individual may also be involved in individual treatment and psychiatric support during this time.				
Status: Dauphin Co. will be approaching 2 providers with the model description to determine if they are interested in developing the program.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Adult Acute Partial Hospitalizations	Dauphin	PPI	10/11	13/14
Description This project is targeted to serve Medical Assistance eligible adults (18 years or older) who are in need of partial hospitalization treatment for mental health disorders. This program (to be provided by a licensed acute partial hospitalization program) will provide services for individuals who are not in need of inpatient care, but whose needs are greater than can be provided by outpatient services. This project is expected to reduce inpatient mental health readmissions, improve psychiatric stability, and increase personal satisfaction for the individual members who participate in the program.				
Status: Dauphin Co. selected PPI to develop the acute PHP. A meeting is scheduled for mid-January to discuss the project and finalize the contract.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Mobile MH-ID Behavioral Intervention	Dauphin	Pending	10/11	13/14
Description The program will fund the creation of a Mental Health and Intellectual Disabilities team consisting of two professionals that will assist adults 21 years and older with a serious mental illness or intellectual disability. The team will include a Behavioral Specialist and a Registered Nurse who will work with individuals, their families, or other support systems. The service will include the utilization of a Functional Behavioral Assessment which will be used to develop a treatment plan for the individual, focusing on their behavioral issues/needs, interventions, and other related needs. All direct services conducted by this team are considered mobile because they are most often delivered in settings outside of an office (often in the home or community).				
Status: Dauphin Co. completed its RFP process and is in negotiation with the selected provider to enter into a contract. It is expected that this will be completed by the beginning of May, 2014.				

Appendix A

CABHC Reinvestment Project List

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
MH-OP The Incredible Years	Dauphin	Pressley Ridge	10/11	13/14
<p>Description This evidence based practice is being implemented in Dauphin county in outpatient settings, particularly school based outpatient clinic settings and focuses on promoting resiliency in families and children (ages 2 to 12 years). The Incredible Years program consists of three components: A Parent Training Series, Teacher Training Series, and Dinosaur Child Training program which can be used in small groups or classrooms. The Parent Program will work on strengthening parental monitoring skills, teaching and strengthening positive discipline techniques, increasing parental confidence while encouraging increased parental involvement in school. The Teacher Training focuses on classroom management, encouraging positive social skills while reducing oppositional, aggression, or conduct based issues. The Dinosaur Training program helps children showing aggression or conduct issues to develop positive relationships with their peers. Dauphin County plans to implement the parent and child trainings, identifying other funds to cover the parent training portion of the program, which is not Medicaid eligible service.</p> <p>Status: Operational; Dauphin County has selected Pressley Ridge to implement this program. They have begun implementation and have a very strong plan in place to work with the selected school district.</p>				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
RTF Teleconferencing	Dauphin	CMU	10/11	13/14
<p>Description This program allows the family of a child in a Residential Treatment Facility to participate in treatment and team meetings via a telecommunication system. This is utilized in cases where the Residential Treatment Facility their child is placed in makes participation difficult or impossible. The goal of this program is to decrease readmission through the support of increased parental participation in the treatment process. The teleconferencing is secured between two site locations. Dauphin County has established the Dauphin CMU as the county-specific secured site. It is located at 1100 South Cameron Street in Harrisburg PA. The CMU will also assist families in securing transportation to the site if they are encountering difficulty with accessing the teleconferencing service. The other secure site would be at the Residential Treatment Facility.</p> <p>Status: In development. Dauphin Co. is working with 3 RTF providers that are interested in offering this service.</p>				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Adult D&A OP Clinic	Dauphin	Naaman Ctr	10/11	12/13
<p>Description The proposed plan is a Department of Drug and Alcohol Programs licensed outpatient clinic to provide OP services directly in the Northern Dauphin County Human Services Office located in Elizabethtown. This office serves as a hub for the Northern Dauphin Area and is geographically located in the center of a large rural area in Dauphin County.</p> <p>Status: The program is operational and funded through 6/30/2014. Open at the NAAMAN Center in Upper Dauphin. This service has a modifier; CABHC can track individuals who receive services there. The term of the contract was extended an additional 6 months so the last phase of the RS training could be completed.</p>				

Appendix A

CABHC Reinvestment Project List

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Crisis Residential Program	Lancaster	Holcomb BHS	10/11	13/14
Description The goal of the Crisis Residential Program (CRP) is to create a licensed residential program that will support people stabilizing their mental health symptoms through medication management, individual and group therapy, community service connections and other treatment supports. While CRP will not serve those persons who are presenting with solely a substance related disorder, it is also recognized that persons will present with co-occurring disorders. Because of this, the CRP will offer educational programming at the site and refer individuals to community based programs that addresses substance abuse disorders. The benefits to Lancaster County Health Choices members would be to decrease the number of people who require out of county placement for inpatient services, provide a community based service that has more flexibility in linking aftercare services with the person and would reduce readmission rates for people who are experiencing mental health crisis.				
Status: The RFP was issued and LA received 5 responses. The selection committee reviewed the proposals and selected Holcomb Behavioral Services.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Mobile CIS Expansion	Lebanon	Philhaven	10/11	12/13, 13/14
Description This project will fund the addition of a full time employee to the Crisis Intervention Program of Philhaven. This employee will offer crisis intervention services in the community for high risk Members in order to support them within the community setting and reduce inpatient admissions.				
Status: Philhaven has signed the contract and is in the implementation phase of the project. Extended into 13/14.				

Reinvestment Project	County	Provider	Plan Year	FY(s) funds are to be spent
Co-Occurring OP Services	Lebanon	PA Counseling	10/11	12/13
Description Co-Occurring OP Treatment Services is designed specifically for individuals who have significant MH issues and D&A dependence/use. This group utilizes the evidence based approach of Hazelden Co-Occurring curriculum and is for individuals whose MH diagnosis is severe enough to interfere with their ability to maintain sobriety The program is currently up and running.				
Status: This has been implemented with PCS. It has been noted that PerformCare is not able to tract the claims data. The provider did complete a comprehensive annual report and can produce data upon our request.				